“Lie-Bet:” Two-Question Screening for Problem Gambling

The questions:
1) Have you ever felt the need to bet more and more money?
2) Have you ever had to lie to people important to you about how much you gambled?

The Lie-Bet tool (Johnson et al., 1988) has been deemed valid and reliable for ruling out pathological gambling behaviors. The Lie-Bet’s two questions consistently differentiate between pathological gambling and nonproblem gambling, and are useful in screening to determine whether a longer tool (e.g., South Oaks Gambling Screen/SOGS, DSM-IV) should be used in diagnostics.

The 24-hour Confidential National Gambling Helpline is 1-800-522-4700
