

# Youth Gambling in Oregon & Lane County Prevention Program Efforts

**problem gambling  
prevention**



**For information in Lane County, contact:**

**Julie Hynes, MA, CPS**

**Lane County Prevention Program**

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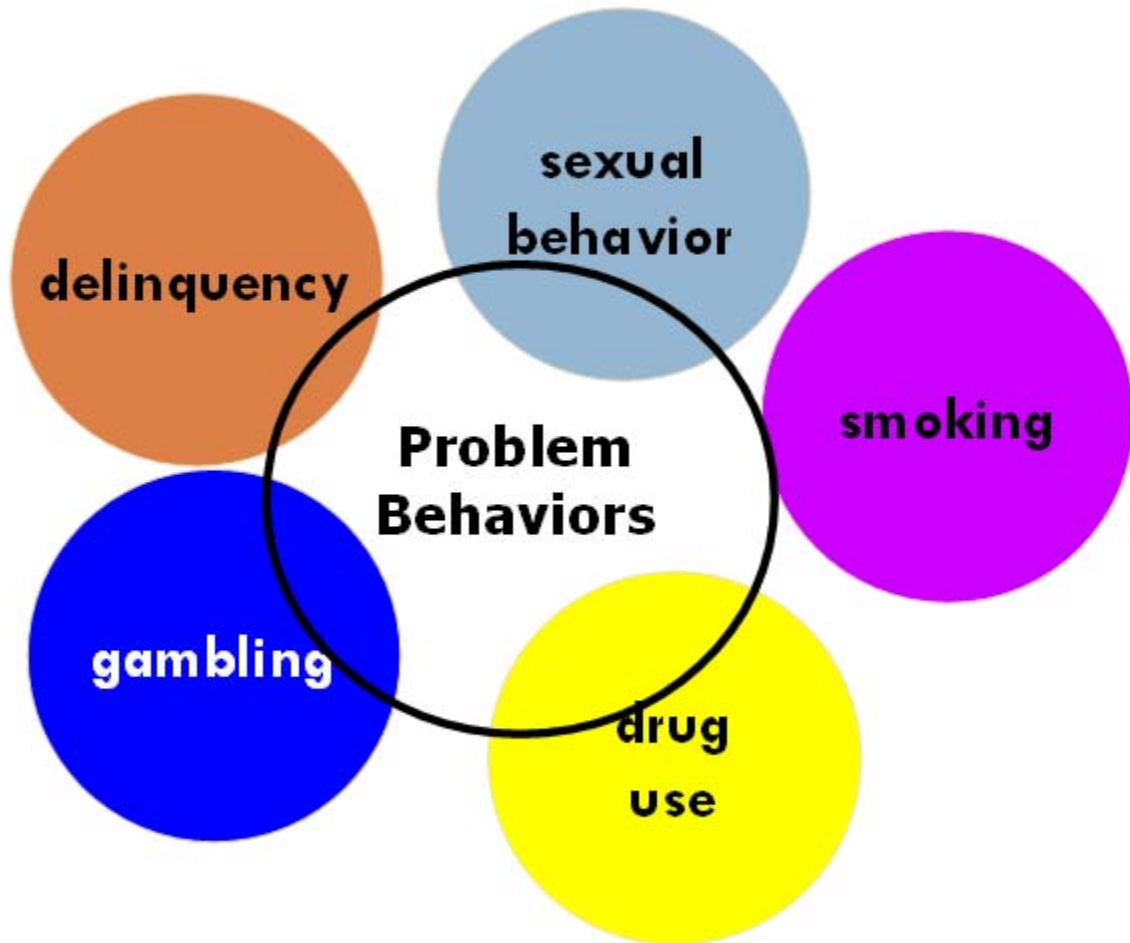
**[www.preventionlane.org/gambling](http://www.preventionlane.org/gambling)**

**preventionlane**

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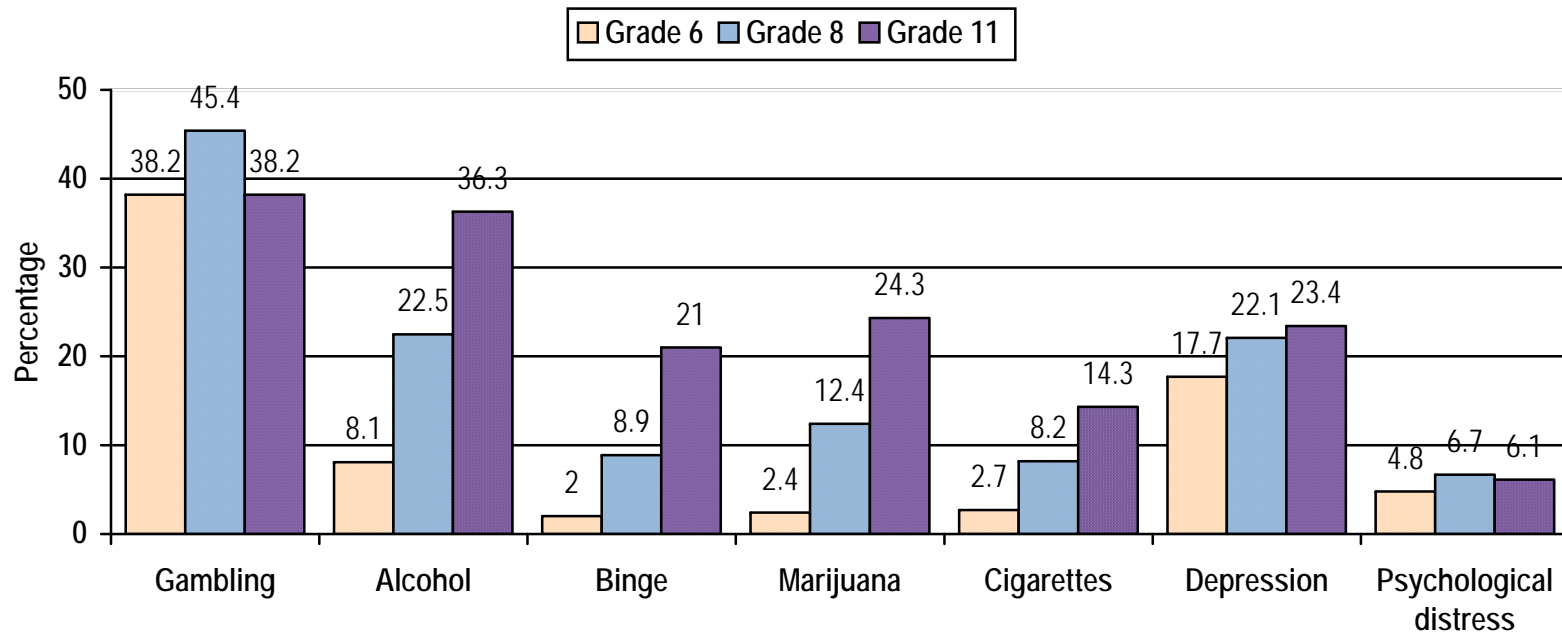
# Youth Gambling: One Component of Problem Behaviors



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# Past 30-Day Activities, Student Wellness Survey, 2010

Gambling, substance use, and mental health among Oregon youth, 2010



This graph shows that gambling is the most commonly risk behavior among youth in Oregon, yet it is not on the radar screen of most people. Often teachers or parents will say “we just don’t see it”, when problem gambling prevention talks address this issue—even though they don’t see it, it is clearly happening and generally without guidance or parameters set by parents, teachers or others.

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# What's Increasing the Most?

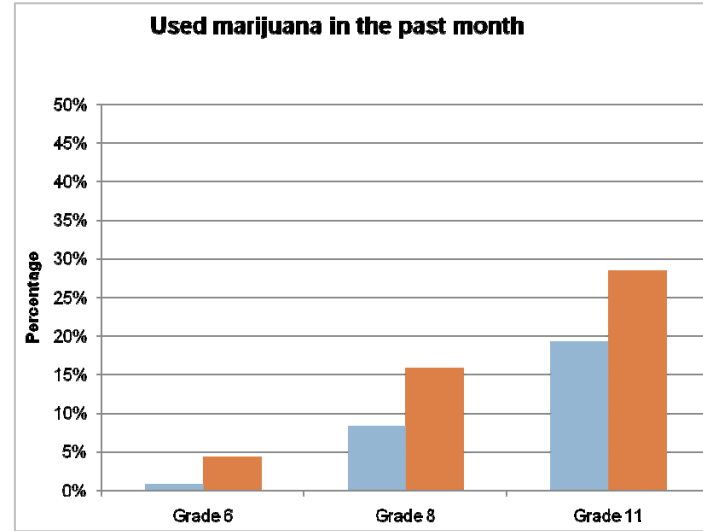
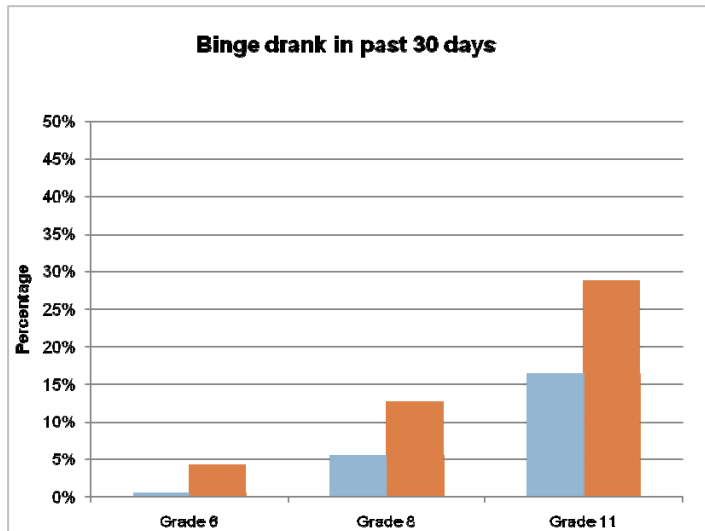
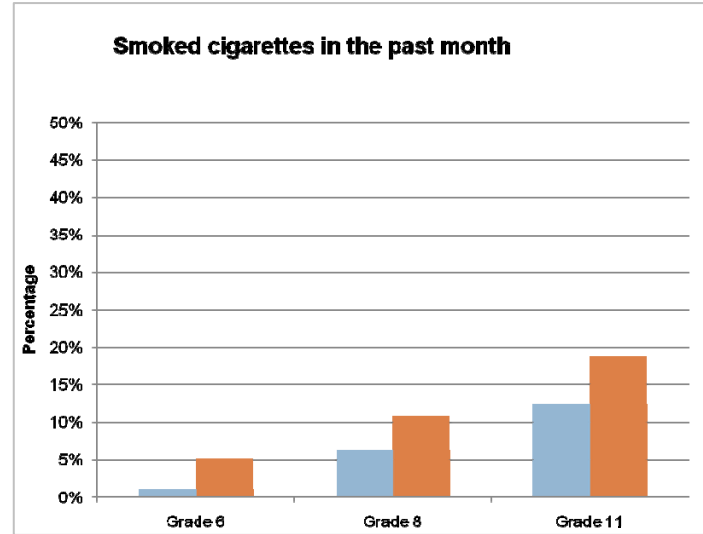
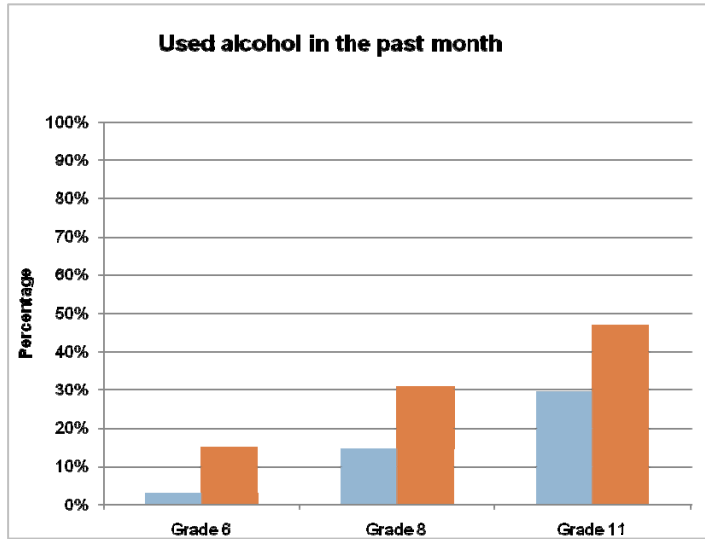
Comparison of 8<sup>th</sup> and 11<sup>th</sup> grade results from 2001, 2009 and 2010

Grade 8	2001	2009	2010	Percent change		Grade 11	2001	2009	2010	Percent change	
				2001-2010	2009-2010					2001-2010	2009-2010
Gambling	**	34.5%	49.1%	**	42.3	Gambling	**	31.2	41.8	**	34.0
Alcohol	24.0%	23.2%	22.5%	-6.3	-3.0	Alcohol	43.0	38.3	36.3	-15.6	-5.2
Binge	9.3%	10.7%	8.9%	-4.3	-16.8	Binge	25.3	23.4	21.0	-17.0	-10.3
Marijuana	12.3%	10.6%	12.4%	0.8	17.0	Marijuana	22.1	21.8	24.3	10.0	11.5
Cigarettes	12.3%	9.9%	8.2%	-33.3	-17.2	Cigarettes	19.6	14.9	14.3	-27.0	-4.0
Depression	18.7%	19.1%	22.1%	18.2	15.7	Depression	20.4	20.9	23.4	14.7	12.0
Psychological Distress	**	8.5%*	6.7%	**	-21.2	Psychological Distress	**	7.2*	6.1	**	-15.3

Many of the risk behaviors of concern are decreasing over time, while youth gambling is significantly increasing. More attention needs to be paid to this important and emerging risk behavior, particularly when you view it in terms of the correlation between youth gambling and these other, more well known, behaviors—the next series of slides will shed some light on this.

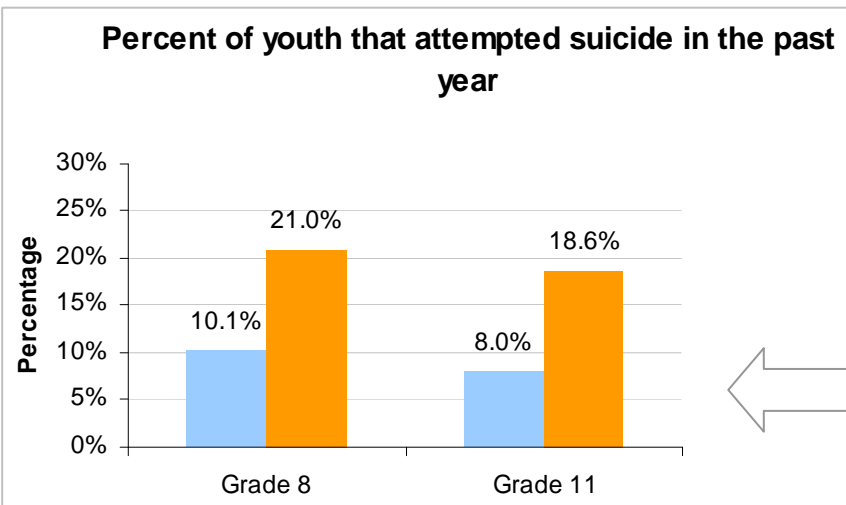
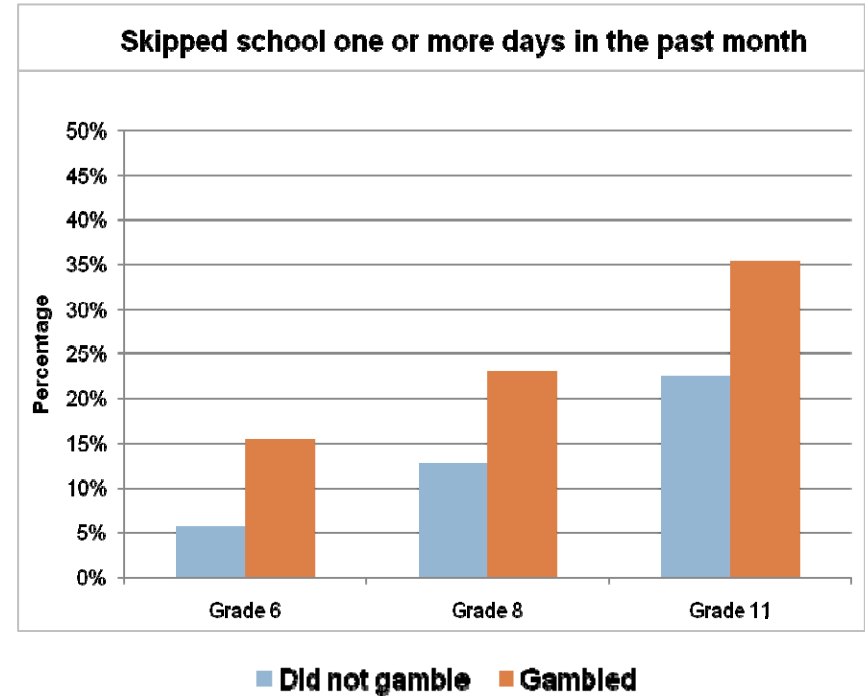
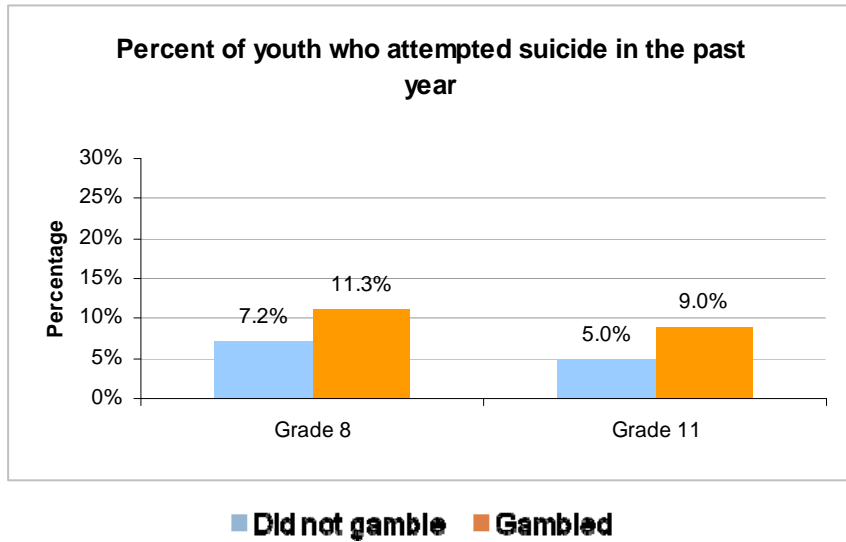
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# Youth Gambling and other Addictive Behaviors



■ Did not gamble ■ Gambled

# Youth Gambling and Other Risky Behaviors



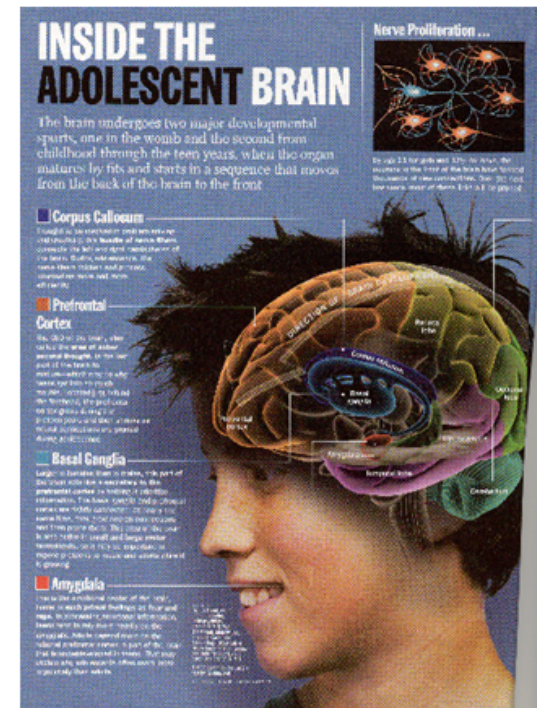
- Did not bet/gamble more than wanted to
- Bet/gambled more than wanted to

**Youth who reported gambling more than they wanted to (a possible sign of a gambling problem) also reported higher rates of having attempted suicide** in the past year than students who did not bet more than they wanted to.

# Adolescent Brains Are A Work In Progress

- Preference for new, exciting, low effort activities
- Minimal consideration of negative consequences
- More risky, impulsive

all of which can play into gambling problems



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## Parental attitudes

### Oregon parent/youth focus groups revealed:



- ▣ All parents in the groups said their kids didn't gamble
- ▣ All kids in the groups said they did gamble
- ▣ Neither sees gambling as risky

## Most Parents Believe:

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## Most Parents Believe:



- ❑ Youth gambling is harmless
- ❑ Youth who gamble are unlikely to have problems in school
- ❑ Youth gambling is not associated with alcohol or drug use

**...and those beliefs are part of the problem**

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**I'm Looking For:**

Select a topic

**By Population:**

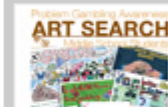
- For Communities
- For Parents
- For Veterans & Families

**2011 MIDDLE SCHOOL ART SEARCH**  
**Problem Gambling Awareness**

**2011 Poster Search - Great Prizes!**  
Posters are due March 18. Click for info and to enter!



KVAL viewers: Get info on problem gambling awareness



Calling middle school artists! The art search is ON!



Help for depression



Prescription drug abuse: what you can do

**Key Links:**

Problem Gambling Awareness Week, March 6-12

**New!** Radio public service announcements for 2011 Problem Gambling Awareness Week

March 11 & 12: Eugene Irish Cultural Festival



Join us on Facebook for updates.



Looking to get involved in your community? [Learn more.](#)

**In the News:**

2/23/2011 | **Teen Problem Drinking Not a Phase**

2/23/2011 | **Alcohol An Overlooked Killer**

2/11/11 **Substance Abuse and Brain Development**

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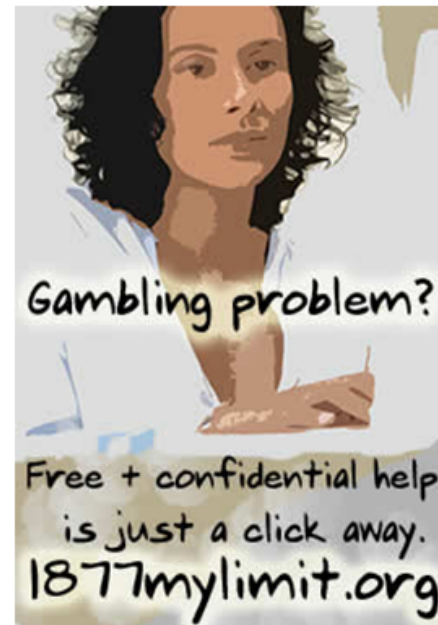
# How Can We Help You?

- A few items we can offer you:
  - Awareness presentations to anyone interested (past presentations include community groups and coalitions, parent groups, addictions treatment clients, etc.)
  - Prevention/awareness classes (interactive PowerPoint presentations for middle schoolers and at-risk youth)
  - Professional training workshops (e.g., to addictions, prevention, or mental health providers) Educational materials; we can develop materials to suit your target group
  - Any other gambling-related information or education; please feel free to contact us!
- For more information & our compliance with Oregon Health Education Standards:  
[www.preventionlane.org/gambling/about-us.htm](http://www.preventionlane.org/gambling/about-us.htm)

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# Know that Help is Free!

- 1-877-MY-LIMIT 24-hour helpline.
- Help is FREE for problem gamblers AND their loved ones (children, aunts, cousins, friends, etc.)



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